

March 2025

Online Learning Catalogue



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Training Pack 1: Red Cross and Red Crescent

1. The Essentials



| | | EN | FR | ES | AR | |
|--|-----|----|----|----|----|-------------------------|
| The World of Red Cross and Red Crescent (WORC) | 270 | ✓ | ✓ | ✓ | * | DE, SL, MM, *RU |
| Live the Code | 30 | ✓ | ✓ | ✓ | ✓ | |
| Live the Code: Taking Action on Workplace Harassment (refresher) | 10 | ✓ | | | | |
| Live the Code: Taking Action on Sexual Harassment (refresher) | 10 | ✓ | | | | |
| Live the Code: Taking Action on Emblem Usage – I (refresher) | 10 | ✓ | | | | |
| Live the Code: Taking Action on Emblem Usage – II (refresher) | 10 | ✓ | | | | |
| Live the Code: Taking Action on Respect for Others (refresher) | 10 | ✓ | | | | |
| Live the Code: Taking Action on Ethical Usage of IFRC Devices (refresher) | 10 | ✓ | | | | |
| Live the Code: Taking Action on Data Protection (refresher) – COMING SOON | - | * | | | | |
| Live the Code: Taking Action on Sexual Abuse and Exploitation (refresher) – COMING SOON | - | * | | | | |
| Saying No to Sexual Misconduct | 90 | ✓ | ✓ | ✓ | ✓ | PT |
| Project/ Programme Planning (PPP) | 240 | ✓ | ✓ | ✓ | | |
| Introduction to Monitoring and Evaluation | 240 | ✓ | ✓ | ✓ | | |
| 101: Corruption Prevention | 150 | ✓ | ✓ | ✓ | ✓ | BN ID MM RU SW TR |
| 102: Corruption Prevention for Managers – an Introduction | 135 | ✓ | ✓ | ✓ | ✓ | BN RU SW TR |
| Monitoring and Evaluation Planning e-Training (curriculum) | 385 | ✓ | | | | |
| Manage IFRC Information 101 | 60 | ✓ | | | | |
| IFRC Targeted: an introduction to Cybersecurity | 30 | ✓ | ✓ | ✓ | ✓ | |
| Your Guide to Integration and Administrative Services | 90 | ✓ | | | | |
| From Policy to Practice: Micro-Learning Series (playlist) | - | ✓ | | | | |
| Prevention and Response to Sexual Exploitation and Abuse: From Policy to Practice | 60 | ✓ | | | | |
| Gender and Diversity Policy: From Policy to Practice | 5 | ✓ | | | | |
| IFRC Secretariat Environmental Policy: From Policy to Practice | 10 | ✓ | | | | |
| Whistleblower Protection Policy: From Policy to Practice | 4 | ✓ | | | | |
| Child Safeguarding Policy: From Policy to Practice | 15 | ✓ | ✓ | | ✓ | |
| Prevention and Response to Workplace Harassment and Discrimination: From Policy to Practice | 10 | ✓ | | | | |

| |  | EN | FR | ES | AR |  |
|---|---|----|----|----|----|---|
| Movement Policy on Addressing Mental Health and Psychosocial Needs: from Policy to Practice | 10 | ✓ | | | | |
| Disaster Risk Management Policy: from Policy to Practice | 10 | ✓ | | | | |
| Artificial Intelligence Guidelines: from Policy to Practice – NEW | 15 | ✓ | | | | |
| Your Guide to Financial Project Management at IFRC | 150 | ✓ | ✓ | ✓ | ✓ | |

2. Climate



| |  | EN | FR | ES | AR |  |
|--|---|----|----|----|----|---|
| Climate Change – An Introduction for Staff and Volunteers | 30 | ✓ | ✓ | ✓ | ✓ | RU |
| Climate Change in Small Island Developing States | 120 | ✓ | | ✓ | | NL |
| Nature-based Solutions for Disaster and Climate Resilience (external course) | 420 | ✓ | ✓ | ✓ | ✓ | ZH HI ID PT |
| Red Alert: What is climate change and what can we do about it? | 240 | ✓ | | | | |
| Mitigation Actions for Climate Change | 600 | ✓ | | | | |
| Nature-based Solutions for Red Cross and Red Crescent Solutions | 610 | ✓ | | | | |
| Environmental Sustainability Essentials (curriculum) | 40 | ✓ | | | | |



3. National Society Development

| |  | EN | FR | ES | AR |  |
|--|---|----|----|----|----|---|
| Introduction to National Society Development | 60 | ✓ | ✓ | ✓ | | |
| Introduction to Governance for Red Cross and Red Crescent Leadership | 100 | ✓ | | ✓ | | |
| Income Generating Activities | 60 | ✓ | | | | |
| Leadership Identity Development Online Curriculum (LIDOC) | 1200 | ✓ | | | | |
| What is National Society Development? (playlist) | - | ✓ | | | | |
| Revising Your Statutes (curriculum) | 90 | ✓ | ✓ | ✓ | ✓ | *RU |
| Getting Ready for Red Cross and Red Crescent Advocacy | 90 | ✓ | ✓ | ✓ | ✓ | RU |
| Strengthening the Auxiliary Role through Law and Policy | 30 | ✓ | ✓ | ✓ | ✓ | RU |
| A new generation of NSD practice: the NSD Competencies Framework and Self-Assessment | 90 | ✓ | | | | |
| National Society Branch Development | 130 | ✓ | | | | |

4. Disaster and Crises

| | | | | | | |
|--|-----|---|---|---|---|----|
| Principles and Rules for RCRC Humanitarian Assistance | 60 | ✓ | | | | |
| 103: Preventing Corruption in Humanitarian Aid | 210 | ✓ | ✓ | ✓ | ✓ | |
| Sphere Handbook in Action | 900 | ✓ | ✓ | ✓ | ✓ | UK |
| Sphere for Managers - How to Champion the Sphere approach in your Organisation | 60 | ✓ | ✓ | ✓ | ✓ | |
| Contingency Planning | 60 | ✓ | ✓ | ✓ | | |
| Emergency Needs Assessment | 60 | ✓ | ✓ | ✓ | ✓ | |
| The ABC of VCA (Vulnerability and Capacity Assessment) – (video) | 5 | ✓ | | | | |
| Introduction to Cash Transfer Programming | 120 | ✓ | ✓ | ✓ | | |
| Market Assessments: Introduction | 30 | ✓ | ✓ | ✓ | ✓ | |

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|---|---|----|----|----|----|---|
| Market Assessments: Rapid Assessment for Markets (RAM) | 60 | ✓ | ✓ | ✓ | ✓ | |
| Basics of Livelihoods | 60 | ✓ | ✓ | ✓ | ✓ | |
| Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 1: in Emergencies | 90 | ✓ | ✓ | ✓ | | IT, TR |
| Restoring Family Links (RFL) & Psychosocial Support (PSS) - Module 2: Working with Children | 90 | ✓ | ✓ | ✓ | | IT, TR |
| Building a Better Response (BBR) (<i>external, web-based</i>) | | ✓ | | | | |
| Law and Disaster Risk Reduction | 30 | ✓ | ✓ | ✓ | ✓ | RU |
| Cash Assistance through Financial Service Providers | 90 | ✓ | ✓ | ✓ | * | *RU |
| WASH in Emergencies | 30 | ✓ | | | | |
| Health in Emergencies | 30 | ✓ | | | | |
| Cash in Emergencies | 20 | ✓ | | | | |
| Logistics in Emergencies | 20 | ✓ | | | | |
| Security in Emergencies | 20 | ✓ | | | | |
| Community Engagement and Accountability in Disasters and Crisis | 20 | ✓ | | | | |
| Protection, Gender and Inclusion in Disasters and Crisis | 20 | ✓ | | | | |
| Surge Information Management in Emergency Operations | 30 | ✓ | | | | |
| Response Systems and Funding Mechanisms in emergencies | 20 | ✓ | | | | |
| Staff Health in Disaster and Crisis | 20 | ✓ | | | | |
| Restoring Family Links in Emergencies | 20 | ✓ | | | | |
| Legal in Emergencies | 20 | ✓ | | | | |
| Human Resources in Emergencies | 30 | ✓ | | | | |
| Communication in Emergency Operations | 20 | ✓ | | | | |
| Emergency Needs Assessment | 60 | ✓ | | | | |
| Response Systems and Funding Mechanisms in Emergencies | 20 | ✓ | | | | |
| Surge Video Series: an introduction to Rapid Response in Disasters and Crisis (<i>curriculum</i>) | 340 | ✓ | | | | |
| Secondary Data Review and Analysis | 120 | ✓ | | | ✓ | |
| Disaster Relief Emergency Fund (DREF) | 240 | ✓ | ✓ | ✓ | ✓ | |
| Rapid Training for Community Response in times of COVID-19 (<i>playlist</i>) | - | ✓ | | | | |
| Community Engagement and Accountability in times of COVID-19 | 180 | ✓ | | ✓ | | BN, ID, JA, KO, RU, TR |
| The Participation Challenge | 30 | ✓ | ✓ | | | |
| Zurich Flood Resilience Measurement for Communities (<i>curriculum</i>) | | ✓ | | | | |
| An Introduction to International Disaster Response Law | 30 | ✓ | ✓ | ✓ | ✓ | RU |
| Introduction to Disaster Preparedness and Response Law | 30 | ✓ | ✓ | ✓ | ✓ | RU |
| Preparedness for Effective Response (PER) (<i>curriculum</i>) | 240 | ✓ | ✓ | ✓ | * | |
| Understanding and Responding to Trafficking in Persons | 240 | ✓ | ✓ | ✓ | ✓ | |
| Fundamentals of Field Surveys | 720 | ✓ | | | | |
| Counting People Reached by Red Cross Red Crescent Services | 50 | ✓ | ✓ | ✓ | ✓ | |
| Data and Digital Literacy Online Course | 360 | ✓ | | ✓ | | |
| Welcome to the Better Programming Initiative and Conflict Sensitive Programme Management | 90 | ✓ | ✓ | ✓ | ✓ | |

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|---|---|----|----|----|----|---|
| Your Road Map to Community Resilience | 90 | ✓ | ✓ | ✓ | ✓ | |
| Induction to IFRC Operations | 117 5 | ✓ | | | | |
| Community Engagement and Accountability in Cash and Voucher Assistance | 120 | ✓ | | | | |
| Anticipatory Action: A Proactive Approach to Disaster Risk Management | 75 | ✓ | ✓ | ✓ | * | |
| Preparedness for Effective Response (PER) | 240 | ✓ | ✓ | ✓ | * | |
| IFRC's COVID-19 Emergency Appeal: Donor Opportunities Developed | 60 | ✓ | | | | |
| Public Awareness Public Education (PAPE) & the WhatNow Service: localizing action-oriented messages | 105 | ✓ | ✓ | ✓ | ✓ | |
| Disaster Law and Policy for the Protection of the Most Vulnerable | 600 | ✓ | | | | |
| Humanitarian Assistance: Adapting to Urban Challenges | 120 | ✓ | | | | |
| Cash and Voucher Assistance: The Fundamentals | 150 | ✓ | ✓ | ✓ | ✓ | *UK |
| CBRN Preparedness in the Humanitarian Sector - NEW | 90 | ✓ | * | * | * | *RU *ZH |
| Foundations of Anticipatory Action - NEW | 170 | ✓ | ✓ | ✓ | ✓ | |
| Getting Ready for Anticipatory Action - NEW | - | ✓ | ✓ | ✓ | * | |

5. Health

| | | | | | | |
|--|-----|---|---|---|---|----------------------|
| Introduction to eCBHFA | 30 | ✓ | | | | |
| COVID-19 Guidance for eCBHFA volunteers | 30 | ✓ | | | | |
| Public Health – Module 1: Introduction | 30 | ✓ | | ✓ | | |
| Public Health – Module 2: Epidemiology | 30 | ✓ | | ✓ | | |
| Public Health – Module 3: Prioritizing Health Responses | 30 | ✓ | | ✓ | | |
| Public Health – Module 4: Household Water Treatment and Safe Storage | 30 | ✓ | | ✓ | | |
| Public Health – Module 5: Rapid Health Assessment | 30 | ✓ | | ✓ | | |
| Public Health: Mental Health and Psychosocial Support | 60 | ✓ | | | | |
| Public Health: Nuclear Emergency Preparedness | 60 | ✓ | ✓ | | | RU UK |
| Ebola Awareness | 10 | ✓ | ✓ | | ✓ | ZH DE JP PT Hausa |
| Health Care in Danger (<i>external</i>) | 60 | ✓ | | | | |
| Health Care in Danger: The Legal Framework (<i>external</i>) | 25 | ✓ | ✓ | | | |
| LIFESAVER: Interactive CPR (<i>external, web-based</i>) | 120 | ✓ | | | | |
| Menstrual Hygiene Management (<i>video</i>) | 5 | ✓ | ✓ | | | |
| RCRC Menstrual Hygiene Management Experiences (<i>playlist</i>) | - | ✓ | | | | |
| Menstrual Hygiene Management (<i>community of practice</i>) | - | ✓ | ✓ | ✓ | | |
| 8 Steps for Hygiene Promotion in Emergencies | 30 | ✓ | ✓ | ✓ | | RU |
| Blood Donation Training Programme | 220 | ✓ | | | | |
| Non-communicable Diseases in Humanitarian Settings | 240 | ✓ | | | | |
| Safe and Dignified Burials (<i>community of practice</i>) | - | ✓ | | | | |
| First Aid for Babies and Children | 240 | ✓ | ✓ | ✓ | ✓ | *RU |
| First Aid for Adults | 240 | ✓ | ✓ | ✓ | ✓ | *RU |
| First Aid for Older People | 240 | ✓ | ✓ | ✓ | ✓ | *RU |
| On Coronavirus Disease (COVID-19) (<i>playlist</i>) | 271 | ✓ | | | | |

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|--|---|----|----|----|----|---|
| Coronavirus: Basic knowledge and prevention measures | 30 | ✓ | ✓ | ✓ | | RU PT |
| Coronavirus Basic knowledge and prevention measures for responders | 60 | ✓ | ✓ | ✓ | | RU PT |
| Care at Home for Patients with COVID-19 | 60 | ✓ | | | | DE, SL |
| WASH Network (<i>community of practice</i>) | - | ✓ | ✓ | ✓ | ✓ | DE |
| WASH in times of COVID-19 (<i>playlist</i>) | - | ✓ | | | | |
| Mental health and psychosocial support in times of COVID-19 (<i>playlist</i>) | - | ✓ | | | | |
| About Substance Abuse | 90 | ✓ | ✓ | ✓ | ✓ | IT RU |
| Community Health Interventions in the COVID-19 Response | 240 | | | | ✓ | |
| Healthy Ageing Resources for Empowering Communities (<i>playlist</i>) | - | ✓ | | | | |
| Healthy Lifestyle for Non-Communicable Disease (NCD) Prevention and Control | 120 | ✓ | | ✓ | ✓ | |
| Healthy Ageing – COMING SOON | - | * | | | | |
| Induction to the Global Task Force on Cholera Control (GTFCC) and Country Support Platform (CSP) | 60 | ✓ | | | | |
| Practical Guidance for Red Cross and Red Crescent on Health and Care for Migrants | 240 | ✓ | | | | |
| Blood Donor Recruitment Training | 50 | ✓ | | | | |
| COVID-19 and the Blood Service: Meet demand and maintain safety | 15 | ✓ | | | | |
| Voluntary Non-remunerated Blood Donation: Changing donor behaviour | 10 | ✓ | | | | |
| Capacity Building and Training on Drug-resistant Tuberculosis | 600 | ✓ | | | | |
| National Society Preparedness for Epidemics | 45 | ✓ | * | * | * | |
| Family Planning in Emergencies | 90 | ✓ | | | | |
| It starts with you: Promoting Mental Health and Wellbeing as a Manager - NEW | 60 | ✓ | ✓ | ✓ | ✓ | *DE *UK |
| Psychological First Aid for all: An introduction - NEW | 90 | ✓ | | | | *PT *IS *UK |

6. Migration



| | | | | | | |
|--|------|---|---|---|---|-----|
| Introduction to Red Cross and Red Crescent's Approach to Migration | 120 | ✓ | ✓ | ✓ | ✓ | |
| Caring for Children Moving Alone: Protecting Unaccompanied and Separated Children (<i>external course</i>) | 1440 | ✓ | | | | |
| Things You Should Know About Health and Migration | 180 | ✓ | | | | |
| Humanitarian Service Points: Understanding, Working in, and Managing HSPs - NEW | 90 | ✓ | ✓ | ✓ | ✓ | *RU |

7. Protection, Gender and Inclusion

| | | | | | | |
|--|----|---|---|---|---|-----------|
| Introduction to Protection, Gender and Inclusion at the IFRC | 90 | ✓ | ✓ | ✓ | ✓ | ZH RU *UK |
|--|----|---|---|---|---|-----------|

8. Security

| | | | | | | |
|--|-----|---|---|---|---|--------------|
| Stay Safe 2.0 Global Edition – Level 1: Fundamentals | 105 | ✓ | ✓ | ✓ | ✓ | SL MM *RU UK |
|--|-----|---|---|---|---|--------------|

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|--|---|----|----|----|----|---|
| Stay Safe 2.0 Global Edition – Level 2: Personal and Volunteer Security in Emergencies | 140 | ✓ | ✓ | ✓ | ✓ | SL MM *RU UK |
| Stay Safe 2.0 Global Edition – Level 3: Security for Managers | 60 | ✓ | ✓ | ✓ | ✓ | SL MM *RU UK |
| Security Training (<i>playlist</i>) | - | ✓ | | | | |

9. Shelter

| | | | | | | |
|---|-----|---|---|---|---|--|
| More Than Just a Roof – Introduction to shelter and settlement | 150 | ✓ | ✓ | ✓ | * | |
| Shelter in Emergencies | 20 | ✓ | | | | |
| Introduction to Rental Assistance Programming | 60 | ✓ | ✓ | ✓ | ✓ | |
| Introduction to Hosting Assistance – NEW | 120 | ✓ | ✓ | ✓ | | |
| Your Guide to Participatory Assessment of Local Building Cultures– NEW | 120 | ✓ | | | | |

10. Education

| | | | | | | |
|--|-----|---|--|--|--|--|
| Humanitarian Education Learning Portal (<i>community of practice</i>) | - | ✓ | | | | |
| Children and School Protection in times of COVID-19 (<i>playlist</i>) – COMING SOON | - | * | | | | |
| The Art of Humanitarian Education | 120 | ✓ | | | | |

11. Learning and Development

| | | | | | | |
|--|-----|---|---|---|--|----|
| Keep Calm and Learn Online (<i>playlist</i>) | - | ✓ | | | | |
| Moving Learning Online during COVID-19 (<i>playlist</i>) | - | ✓ | | | | |
| Learning and Development Response to COVID-19 (<i>community of practice</i>) | - | ✓ | ✓ | ✓ | | PT |
| Online Training Facilitation Skills (<i>playlist</i>) | - | ✓ | | | | |
| The Art of Training (<i>curriculum</i>) | 120 | ✓ | | | | |
| Accessibility 101: eLearning for All | 30 | ✓ | | | | |



Training Pack 2: Personal Development

1. Knowing Myself

| | | | | | | |
|------------------|----|---|---|---|--|-------|
| Inside your head | 20 | ✓ | ✓ | ✓ | | ZH IT |
|------------------|----|---|---|---|--|-------|

2. Communication skills

| | | | | | | |
|---------------------------------|----|---|---|---|--|----------|
| Body language and assertiveness | 20 | ✓ | ✓ | ✓ | | ZH HU IT |
| Communicating on the phone | 20 | ✓ | ✓ | ✓ | | ZH HU IT |
| Communicating in writing | 20 | ✓ | ✓ | ✓ | | ZH HU IT |
| Negotiating | 20 | ✓ | | ✓ | | ZH HU IT |
| Presentation skills | 20 | ✓ | ✓ | ✓ | | ZH HU IT |



| |  | EN | FR | ES | AR |  |
|--|---|----|----|----|----|---|
| Meetings | 20 | ✓ | ✓ | ✓ | | ZH HU IT |
| Assert yourself | 60 | ✓ | | ✓ | | ZH IT |
| Inside information | 60 | ✓ | | ✓ | | ZH IT |
| Going to a meeting: Messing up a meeting | 60 | ✓ | | ✓ | | ZH IT |
| Going to a meeting: Meeting menaces | 60 | ✓ | | ✓ | | ZH IT |
| Meetings, bloody meetings | 60 | ✓ | | ✓ | | ZH IT |
| Presentation is everything | 30 | ✓ | | ✓ | | ZH IT |

3. Situation Awareness & Diversity

| | | | | | | |
|---|-----|---|---|---|--|-------------|
| Emotions versus evidence | 20 | ✓ | ✓ | ✓ | | ZH IT |
| Understanding behaviour | 20 | ✓ | | ✓ | | ZH HU IT |
| Criticism and failure | 20 | ✓ | ✓ | ✓ | | ZH IT |
| Praise and criticism | 20 | ✓ | ✓ | ✓ | | ZH DE HU IT |
| Emotional intelligence | 20 | ✓ | ✓ | ✓ | | ZH DE HU IT |
| Workplace Essentials (<i>curriculum</i>) | 200 | ✓ | | ✓ | | ZH |
| Inclusive leadership | 20 | ✓ | ✓ | ✓ | | DE HU |
| Workplace diversity | 20 | ✓ | ✓ | ✓ | | DE HU |
| Unconscious bias | 20 | ✓ | ✓ | ✓ | | DE HU |
| Thinking of others | 20 | ✓ | ✓ | ✓ | | DE HU |
| Respect and Inclusion at Work | 20 | ✓ | ✓ | ✓ | | DE HI |
| Unconscious Bias and Diversity (<i>curriculum</i>) | 100 | ✓ | ✓ | ✓ | | DE HU |
| Homeworking Essentials (<i>curriculum</i>) | 340 | ✓ | ✓ | ✓ | | DE HU |
| Remote Working Best Practices (<i>playlist</i>) | 61 | ✓ | | | | |
| Workplace Generations | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Hybrid and Remote Working Essentials for All (<i>curriculum</i>) – NEW | 60 | ✓ | ✓ | ✓ | | JA |
| Hybrid and Remote Working Essentials for Managers (<i>curriculum</i>) – NEW | 80 | ✓ | ✓ | ✓ | | JA |
| Cross Cultural Communication Essentials (<i>curriculum</i>) - NEW | 40 | ✓ | ✓ | ✓ | | JA |
| Workplace Diversity Essentials (<i>curriculum</i>) - NEW | 60 | ✓ | | | | |

4. Health and Wellbeing

| | | | | | | |
|---|-----|---|---|---|--|----------|
| Happiness habits | 20 | ✓ | ✓ | ✓ | | ZH IT |
| Personal wellbeing for managers | 20 | ✓ | ✓ | ✓ | | ZH IT |
| Practical wellbeing | 20 | ✓ | ✓ | ✓ | | ZH IT |
| Dealing with stress | 20 | ✓ | ✓ | ✓ | | ZH HU IT |
| Wellbeing Essentials (<i>curriculum</i>) | 160 | ✓ | ✓ | ✓ | | ZH IT |
| Display screen equipment | 20 | ✓ | | ✓ | | |
| Manual handling | 20 | ✓ | | ✓ | | |
| Women's Workplace Wellness (<i>curriculum</i>) | 20 | ✓ | | | | |
| Workplace Safety Essentials (<i>curriculum</i>) - NEW | 60 | ✓ | | ✓ | | |

| |  | EN | FR | ES | AR |  |
|--|---|----|----|----|----|---|
| Mental Health Essentials for All (<i>curriculum</i>) - NEW | 100 | ✓ | ✓ | ✓ | | JA |
| Mental Health Essentials for Managers (<i>curriculum</i>) - NEW | 100 | ✓ | ✓ | ✓ | | JA |
| AI Anxiety - NEW | 10 | ✓ | | | | |
| Supporting Men's Mental Health - NEW | 10 | ✓ | | | | |

5. Time and Information Management



| | | | | | | |
|--|----|---|---|---|--|----------|
| Getting stuff done | 20 | ✓ | ✓ | ✓ | | ZH IT |
| Managing yourself | 20 | ✓ | ✓ | ✓ | | ZH HU IT |
| General Data Protection Regulation (GDPR) | 20 | ✓ | | ✓ | | |
| Cyber security | 50 | ✓ | | ✓ | | |
| 30 ways to make more time | 60 | ✓ | | ✓ | | ZH IT |
| Making Time: How to manage your time wisely | 60 | ✓ | | ✓ | | IT |
| Hybrid and Remote Working Essentials for All (<i>curriculum</i>) | 60 | ✓ | ✓ | | | |

6. Team Management

| | | | | | | |
|---|-----|---|---|---|--|-------------|
| Team wellbeing for managers | 20 | ✓ | ✓ | ✓ | | IT ZH |
| Counselling | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Developing your team | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Difficult conversations | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Managing discipline | 30 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Motivating your team | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Performance reviews | 30 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Everyday learning | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Management Essentials (<i>curriculum</i>) | 160 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Performance review: Code red | 60 | ✓ | | | | |
| Performance review - Every manager's nightmare | 60 | ✓ | | ✓ | | ZH, IT |
| Managing performance every day | 60 | ✓ | | ✓ | | ZH IT |
| Performance review - Every appraisee's dream | 60 | ✓ | | ✓ | | ZH IT |
| Development discussions | 15 | ✓ | ✓ | ✓ | | DE |
| Feedback | 15 | ✓ | ✓ | ✓ | | DE |
| Performance conversations | 15 | ✓ | ✓ | ✓ | | DE |
| Talking through conflicts | 15 | ✓ | ✓ | ✓ | | DE |
| Hybrid and Remote Working Essentials for Managers (<i>curriculum</i>) | 80 | ✓ | ✓ | | | |
| Psychological Safety Essentials (<i>curriculum</i>) - NEW | 50 | ✓ | | | | |

7. Leadership & Decision Making

| | | | | | | |
|-------------------|----|---|---|---|--|-------------|
| Crisis management | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
|-------------------|----|---|---|---|--|-------------|

| |  | EN | FR | ES | AR |  |
|---|---|----|----|----|----|---|
| Change | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Creativity and innovation | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Ethics | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Leadership sins | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Practical leadership | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT NL |
| Team decision making | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Team development | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Being a leader | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Leadership Essentials (<i>curriculum</i>) | 200 | ✓ | ✓ | ✓ | | ZH DE HU IT |
| Jamie's School Dinners: Living with Change | 60 | ✓ | | ✓ | | ZH IT |
| Jamie's School Dinners: Managing Change | 60 | ✓ | | ✓ | | ZH IT |
| First among equals | 60 | ✓ | | ✓ | | ZH IT |
| Jamie's kitchen: Fifteen lessons on leadership | 60 | ✓ | | ✓ | | ZH IT |
| Jamie's kitchen: Fifteen lessons on teamwork | 60 | ✓ | | ✓ | | ZH IT |
| Pass it on | 60 | ✓ | | ✓ | | ZH IT |
| Projects and Change (<i>curriculum</i>) | 100 | ✓ | | ✓ | | ZH IT |
| Human-Centric Leadership Essentials (<i>curriculum</i>) - NEW | 90 | ✓ | | | | |

8. Influencing

| | | | | | | |
|--|-----|---|---|---|--|-------|
| Helping hands | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Achieving goals and commitments | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Being a "people person" | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Making your case | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Less is more | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Negotiating: Tying the knot | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Negotiating tactics | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Using similarity | 30 | ✓ | ✓ | ✓ | | ZH IT |
| Influencing Essentials (<i>curriculum</i>) | 240 | ✓ | ✓ | ✓ | | ZH IT |

Training Packs 3: Professional Development

1. Learning and Development

| | | | | | | |
|---|----|---|---|---|--|-------------|
| One-to-one training | 20 | ✓ | ✓ | ✓ | | ZH HU DE IT |
| Coaching Essentials (<i>curriculum</i>) - NEW | 60 | ✓ | | | | |
| Learning Culture Essentials (<i>curriculum</i>) - NEW | 70 | ✓ | ✓ | ✓ | | |
| Mentoring Essentials (<i>curriculum</i>) - NEW | 40 | ✓ | ✓ | ✓ | | JA |



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2. Finance

| | | | | | | | |
|---------------------------|----|---|--|---|--|--|----------|
| Finance and budgets | 20 | ✓ | | ✓ | | | ZH HU IT |
| The balance sheet barrier | 60 | ✓ | | | | | ZH |

3. Human Resources

| | | | | | | | |
|---|----|---|---|---|--|--|-------------|
| Dealing with absenteeism | 20 | ✓ | ✓ | ✓ | | | ZH HU DE IT |
| Recruiting | 20 | ✓ | ✓ | ✓ | | | ZH HU DE IT |
| Behavioural interviewing | 60 | ✓ | | ✓ | | | ZH IT |
| Absence minded | 60 | ✓ | | ✓ | | | ZH IT |
| Talent Essentials (<i>curriculum</i>) | 90 | ✓ | | | | | |
| Neurodiversity Essentials (<i>curriculum</i>) | 70 | ✓ | | | | | |

3. Climate and Environment

| | | | | | | | |
|---|----|---|--|--|--|--|--|
| Environmental Sustainability Essentials (<i>curriculum</i>) - NEW | 40 | ✓ | | | | | |
|---|----|---|--|--|--|--|--|

4. PMER (planning, monitoring, evaluation, reporting)

| | | | | | | | |
|--|----|---|---|---|--|--|----------|
| Planning | 20 | ✓ | ✓ | ✓ | | | ZH IT |
| Managing projects & processes | 20 | ✓ | | ✓ | | | ZH HU IT |
| Accountability: "Blame and responsibility" - an opportunity to restore trust? (<i>Video</i>) | 95 | ✓ | | | | | |

5. Certified Professional Development Courses (from partner institutions – fees from CHF 1000 to 3000)

| | | | | | | | |
|--|--|---|--|--|--|--|--|
| Contact us at support.learning@irc.org | | ✓ | | | | | |
|--|--|---|--|--|--|--|--|



Training Pack 4: Courses from Partner Institutions

French Red Cross

| | | | | | | | |
|--|-----|---|---|--|--|--|--|
| Ambiguous Loss & practitioners self-care | 120 | ✓ | ✓ | | | | |
|--|-----|---|---|--|--|--|--|

International Committee of the Red Cross (ICRC)

| | | | | | | | |
|--|----|---|---|---|--|--|-------|
| Introduction to International Humanitarian Law (IHL) | 87 | ✓ | ✓ | ✓ | | | TR ZH |
| Sustainable Fleet | 60 | ✓ | | | | | |
| CBRN: Emergency Self-Protection and Decontamination | 60 | ✓ | | | | | |

| | |  | EN | FR | ES | AR |  |
|--|----|---|----|----|----|----|---|
| War in Cities - NEW | 90 | ✓ | | | | | |
| Introduction to Quality, Social and Environmental (QSE) Company Assessments - NEW | 40 | ✓ | | | | | |

Action Against Hunger

| | | | | | | | |
|---------------------------------------|---------|---|---|--|--|--|--|
| WASH' Nutrition (<i>curriculum</i>) | 36 0 | ✓ | ✓ | | | | |
|---------------------------------------|---------|---|---|--|--|--|--|

Médecins Sans Frontières (MSF)

| | | | | | | | |
|---------------|----|---|--|--|--|--|--|
| CBRN Briefing | 90 | ✓ | | | | | |
|---------------|----|---|--|--|--|--|--|

5: National Training Packs

Resources produced by National Societies, available on the Learning platform (www.ifrc.org/learning-platform) for the respective volunteers and staff.

| | | Language |
|---|--|-----------------|
| Australian Red Cross | 14 courses and 3 curricula | English |
| Austrian Red Cross | 2 courses | German, English |
| Argentinian Red Cross | 4 courses | Spanish |
| British Red Cross | 73 courses, 21 curricula, 31 materials & 4 communities of practice | English |
| Canadian Red Cross | 1 course | English |
| Red Cross Society of China | 1 course | Mandarin |
| Chilean Red Cross | 1 curriculum | Spanish |
| Danish Red Cross | 1 course, 1 programme | Danish |
| Ecuadorian Red Cross | 1 course | Spanish |
| French Red Cross | 1 curriculum, 10 courses | French |
| German Red Cross | 3 courses, 2 programmes, 7 materials, 5 playlists | German/English |
| Red Crescent Society of the Islamic Republic of Iran | 3 materials | Persian |
| Magen David Adom in Israel (IMDA) | 1 programme | English |
| Icelandic Red Cross | 2 programmes, 5 courses – NEW | Icelandic |
| Italian Red Cross | 1 programme, 4 courses, 1 material | Italian |

| | | |
|------------------------------|---|---|
| Japanese Red Cross | 1 programme, 1 curriculum, 6 courses, 3 materials | Japanese |
| Lithuanian Red Cross | 5 courses - NEW | Lithuanian |
| Luxembourg Red Cross | 2 courses - NEW | French, German |
| Myanmar Red Cross | 1 course - NEW | Myanmar |
| Netherlands Red Cross | 1 video | English |
| Norwegian Red Cross | 3 courses, 2 curricula, 1 programme, 2 materials | Norwegian, English |
| Peruvian Red Cross | 3 handbooks | Spanish |
| Portuguese Red Cross | 7 courses, 1 curriculum - NEW | Portuguese |
| Qatar Red Crescent | 1 curriculum, 17 videos | Arabic |
| Slovak Red Cross | 3 courses - NEW | English |
| Spanish Red Cross | 12 courses, 2 materials | Spanish, English, French, Russian, Portuguese |
| Swiss Red Cross | 1 course, 1 programme, 1 material | English |
| Turkish Red Crescent | 1 programme, 2 materials | Turkish, English |

Are you interested in collaborating with us
for the development of these resources?
Please contact the IFRC Learning Solutions
Lead in the Human Resources Management
Department at sofia.alexandre@ifrc.org.